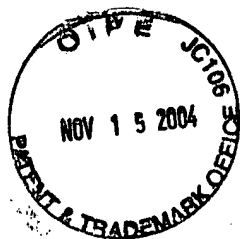


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98646.00002



IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re Application of:)
David Czaja, et al.) Examiner: Legesse, Nini F.
Serial No.: 10/728,494)
Filed: December 5, 2003) Group Art Unit: 3711
For: **SPORTS TRAINING APPARATUS**

Mail Stop: Non-Fee Amendment
Commissioner for Patents
P. O. Box 1450
Alexandria, VA 22313-1450

AMENDMENT AND RESPONSE
PURSUANT TO 37 C.F.R. § 1.111

Dear Sir or Madam:

This Amendment and Response Pursuant to 37 C.F.R. § 1.111 is submitted in response to an Office Action (non-final rejection) mailed by the Patent and Trademark Office on August 11, 2004 (the "Office Action") in connection with the above-referenced application. This response is timely submitted in view of the Veteran's Day holiday on November 11, 2004. Reconsideration of the application in view of the amendments and remarks set forth herein is respectfully requested.

Amendments to the Claims: Commence on page 2

Amendments to the Specification: Commence on page 7.

Amendments to the Drawings: Commence on page 9.

Remarks: Commence on page 10.